1. A
2. B
3. C
4. D
5. Aa
6. Inserted
7. Bb
8. Inserted
9. Inserted

To restart numbering, use: 

 <w:num w:numId="2">

 <w:abstractNumId w:val="0"/>

 <w:lvlOverride w:ilvl="0">

 <w:startOverride w:val="10"/>

 </w:lvlOverride>

 </w:num>

It has to refer to the same abstractNumId.

 <w:num w:numId="1">

 <w:abstractNumId w:val="0"/>

 </w:num>

It doesn’t matter whether subsequent numbers refer to numId=”1” or “2”; what appears in the document is the same.